

West Great Lakes ACA Intergroup

Chicagoland, SE Wisconsin, NW Indiana Adult Children of Alcoholics and Dysfunctional Families



"Thoughts come very clearly while one walks." ~Thomas Mann

Barrington Walk and Talk - 2017

Saturday, June 24 @ 12:00pm

We'll meet at 12:00pm and start walking at 12:15pm. Look for breadcrumbs if you arrive late. We normally walk for 1 or $1^{1/2}$ mile, and we'll supply water.



Cuba Marsh Forest Preserve

24205 West Cuba Road, Barrington, IL. (Cuba Rd. and NW Highway)

All Adult Children of
Alcoholics and other
dysfunctional families
are welcome to join us for
this 3rd Walk and Talk of 2017

Let's get together to share our hearts and soles (get it?)



LUNCH:

Afterwards we'll gather for **LUNCH** at **Frantonio's Italian Deli**, **421 N. Northwest Hwy, Barrington, IL**. 847-382-2997



More info: westgreatlakesaca.org | We will provide cold water!

Remember: Take this flyer with you. (It's OK to share with other ACA's too)

