



# West Great Lakes ACA Intergroup

Chicagoland, SE Wisconsin, NW Indiana  
Adult Children of Alcoholics and Dysfunctional Families



“The longest journey begins with a single step.” ~Lao Tsu

- Open Event -

# Chicago Walk and Talk - 2018



**Montrose Harbor, Cricket Hill Area,**

660 W. Montrose Dr., Chicago, IL.

(Off Lake Shore Drive between W. Wilson Dr. + W. Montrose Ave.)

**Sunday, August 26 @ 9:00am**

We'll meet at 9:00am and start walking at 9:15am. Look for breadcrumbs if you arrive late. We normally walk for 1 or 1<sup>1/2</sup> mile, and we'll supply water.

All Adult Children of Alcoholics and other dysfunctional families are welcome to join us for this 5th Walk and Talk of 2018

*Let's get  
together to  
share our  
hearts and  
soles  
(get it?)*



**LUNCH:**

Afterwards we'll have a picnic luncheon near Lake Michigan. Pack a lunch or buy one there. More information to follow in the August flyer.



**Please RSVP to Kathleen A. at 847-946-0170 Thanks!**

More info: [westgreatlakesaca.org](http://westgreatlakesaca.org) | We will provide cold water!

Remember: Take this flyer with you. (It's OK to share with other ACA's too)

