



# West Great Lakes ACA Intergroup

Chicagoland, SE Wisconsin, NW Indiana  
Adult Children of Alcoholics and Dysfunctional Families



“The longest journey begins with a single step.” ~Lao Tsu

# Chicago Walk and Talk – 2017

**Saturday, August 26 @ 12:00pm**

We'll meet at 12:00pm and start walking at 12:15pm. Look for breadcrumbs if you arrive late. We normally walk for 1 or 1 1/2 mile, and we'll supply water.

**Montrose Harbor, Cricket Hill Area,**

**660 W. Montrose Dr., Chicago, IL.**

(Off Lake Shore Drive between W. Wilson Dr. + W. Montrose Ave.)



All Adult Children of Alcoholics and other dysfunctional families are welcome to join us for this 5th Walk and Talk of 2017

***Let's get together to share our hearts and soles (get it?)***



**LUNCH:** Afterwards we'll gather for **LUNCH** at the **Golden Pancake House**,  
**4744 N. Broadway, Chicago, IL. 773-334-0406**



**Please RSVP to Kathleen A. at 847-946-0170 Thanks!**

More info: [westgreatlakesaca.org](http://westgreatlakesaca.org) | We will provide cold water!

Remember: Take this flyer with you. (It's OK to share with other ACA's too)

