

# JOIN US FOR A DAY OF SERENITY, REST AND RECHARGE AT THE BEAUTIFUL ST. MARY OF THE LAKE CAMPUS IN MUNDELEIN, IL.

# **Connect with your Higher Power & Fellow Travelers**

Get away from it all at this beautiful, serene 1000 acre sanctuary in Lake County IL for an ACA Fellowship 1-Day Getaway.

In addition to ACA sharing and discussion, you will have lots of opportunity for Solitude and Reflection in a setting where the sense of "The Sacred" is palpable.

### Join us as we focus a full day on Step 11:

<sup>66</sup> We sought through prayer and meditation to improve our conscious contact with our Higher Power...<sup>99</sup>

#### Only \$50 per person (\$40 if paid by May 31)

A small amount of \$\$ gets you a LOT! A full day of ACA fellowship and sharing, a Continental Breakfast (served in our own meeting room), a Hot Lunch with Soup, Salad Bar, Deli and Panini stations. Beverage Bar available all day long. (*Special meal options are available on request.*)

OPTIONAL: stay and enjoy dinner in the Dining Hall (at your own cost -\$12 per person) before you depart. Planned group activities will end at 5, but you're free to stay as late as 10 pm to soak up the serenity of the lake, woods, walking path, wildlife, gardens, library, chapel, etc...

# Overnight Stays Available From \$72 - See Website for Info

Sharing Experience, Strength & Hope

- ACA fellowship
- Sharing time
- Beautiful campus
- Tranquility time
- ADA compliant facilities

# Note dress code requirements before signing up:

MEN: Cut off t-shirts and tank tops should have a shoulder width of at least 2 inches. Chest, back, and sides should not

be exposed. Shorts should be past mid-thigh. WOMEN: Undergarments and sports bras must be covered by other attire. Tank tops should have a shoulder width of at least 2 inches and cover back and sides. Shorts should extend to mid-thigh (for example, loose soccer or basketball shorts). Dresses and skirts should be a respectful length. Shorts or skorts should be worn over yoga pants/tights. Low cut tops and short or tight skirts are not allowed

# Sponsored by WestGreatLakes ACA Intergroup

University of Saint Mary of the Lake 1000 East Maple Avenue Mundelein, IL 60060 Text: MattW @ (224) 489-3378 (request call back)

There's too much to list here! Visit the website for full information and to register.

https://ltStartsInside.org