



West Great Lakes ACA Intergroup

Chicagoland, SE Wisconsin, NW Indiana
Adult Children of Alcoholics and Dysfunctional Families



Walk and Talks – 2017

How this works:

1. Add these dates to your calendar (we'll send you detailed flyers for each walk and talk)
2. We gather at the chosen location and find a path to walk
3. We walk and talk for an hour to an hour and one-half
4. Lunch (optional) follows at a local restaurant.



Walk and Talk Locations & Dates

Lake Forest, IL – Saturday, April 29, 12:00PM

Middlefork Savanna Forest Preserve, 1401 Middlefork Drive, Lake Forest, IL.
(Off of Waukegan Road (43), North of Route 60 + South of Route 176)

Lunch: Egg Harbor Café - 512 North Western Avenue, Lake Forest, IL 847-295-3449

Darien, IL - Saturday, May 27, 12:00PM

Water Fall Glen Forest Preserve - Intersection of Cass & Northgate Roads, Darien, IL.

Lunch: Portillo's - 7195 Kingery Hwy (Route 83), Willowbrook, IL 630-789-0909

Barrington – Saturday, June 24, 12:00PM

Cuba Marsh Forest Preserve, 24205 West Cuba Road, Barrington, IL
(Cuba Road & NW Highway)

Lunch: Frantonio's Italian Deli and Café, 421 N. Northwest Highway Barrington, IL
(Located on Rt. 14 between Lake Cook Rd. and Barrington Library.) 847-382-2997

Wheaton – Saturday, July 29, 12:00PM

Danada Forest Preserve, 3580 Naperville Road, Wheaton, IL.
(West Side of Naperville Rd., south of Butterfield Rd (56))

Lunch: Verdict Restaurant - 600 County Farm Rd., Wheaton, IL 630-871-0699

Chicago, Montrose Harbor - Saturday, August 26, 12:00PM

Cricket Hill Area, 660 W. Montrose Dr., Chicago, IL.
(Off Lake Shore Drive between W. Wilson Dr. & W. Montrose Ave)

Lunch: Golden Pancake House, 4744 N Broadway, Chicago, IL.
(Between Leland Ave & Clifton Ave.) 773-334-0406

Lake Zurich – Saturday, September 30, 12:00PM

Heron Creek Forest Preserve – 22890 N. Old McHenry Road, Lake Zurich, IL.
(South on Route #22, enter off Old McHenry Rd)

Lunch: Egg Shell Restaurant – 596 W. IL Route 22, Lake Zurich, IL 847-719-EGGS

Arlington Heights – Saturday, October 28, 12:00PM

Lake Arlington Pond, 2201 Windsor, Arlington Heights, IL

Lunch: Artistic Cuisine - 16 South Bothwell Street, Palatine, IL 847-934-0400

Walk!

Talk!

Lunch!



Please RSVP to Kathleen A. at 847-946-0170

More info: westgreatlakesaca.org | We will provide cold water!

Share the word about these Walk + Talks with other ACA's!!!

