



West Great Lakes ACA Intergroup

Chicagoland, SE Wisconsin, NW Indiana
Adult Children of Alcoholics and Dysfunctional Families



“In every walk with nature one receives far more than he seeks.” ~John Muir

- Open Event -

Long Grove Walk and Talk – 2018 Sunday, July 29 @ 9:00am

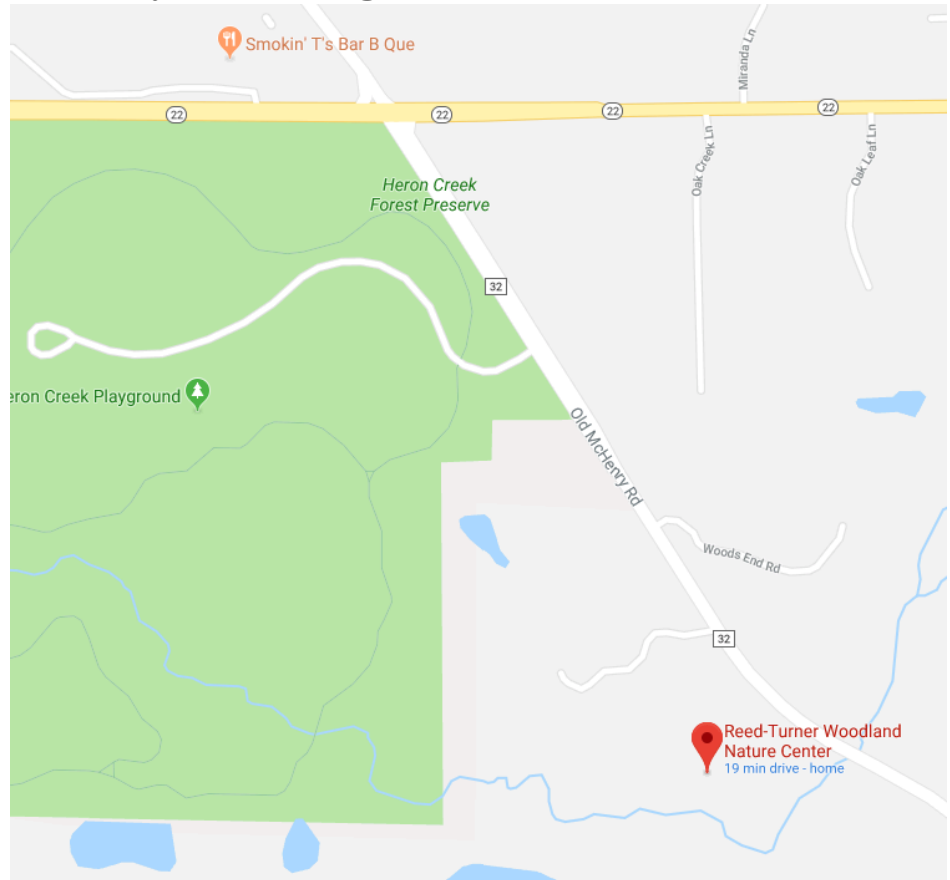


**Reed Turner Woodland Nature Center,
3849 Old McHenry Rd, Long Grove, IL**

We'll meet at 9:00am and start walking at 9:15am. Look for breadcrumbs if you arrive late. We normally walk for 1 or 1 1/2 mile, and we'll supply water.

All Adult Children of Alcoholics and other dysfunctional families are welcome to join us for this 4th Walk and Talk of 2018

Let's get together to share our hearts and soles (get it?)



LUNCH: Afterwards we'll gather for **LUNCH** at **Smokin' T's Bar B Que, 22 & Old McHenry Rd. Long Grove, IL. 847-726-0726**



Please RSVP to Kathleen A. at 847-946-0170 Thanks!

More info: westgreatlakesaca.org | We will provide cold water!

Remember: Take this flyer with you. (It's OK to share with other ACA's too)

