

Relationships in ACA Recovery

Saturday Nov. 6, 9:00am – 5:30pm EST

Time	Sessions: Day 1
9:00am - 10:00am	Conference Opening <ul style="list-style-type: none">• Welcome and housekeeping• ACA Readings• Drumming Meditation with <i>Jaes S</i>
10:00am - 11:30am	Panel with Q&As 'Relationships with Our Parents; Amends and Boundaries' facilitated by <i>Rob B</i>
11:30am - 12:00pm	T'ai Chi Chih with <i>Barbara F</i>
12:00pm - 1:00pm	Lunch Break
1:00pm - 1:30pm	Healing Music with <i>Jan R</i>
1:30pm - 2:15pm	'Toronto Connection with the Global Committee and the World' – presentation with Q&As facilitated by members of the ACA WSO Global Members Committee
2:30pm - 3:00pm	Therapy through Dance with <i>Halley G</i>
3:00pm - 4:30pm	Workshop with Q&As 'Healthy Parenting – Lessons from ACA Recovery' presented by <i>Robin T</i> and <i>Charlie H</i>
4:30pm - 5:00pm	Day 1 Conference Closing <ul style="list-style-type: none">• ACA Readings• Fun activities
5:00pm - 5:30pm	Support Post-Conference (Q&A, sharing, fellowship)



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Sunday Nov. 7, 9:00am – 4:30pm EST

Time	Sessions: Day 2
9:00am - 10:00am	Conference Opening <ul style="list-style-type: none">• Welcome and Housekeeping• ACA Readings• Laughter Yoga with <i>Natasha E</i>
10:00am - 11:30am	Workshop with Q&As 'Supportive Relationships Within the ACA Fellowship' presented by <i>Louis B</i>
11:30am - 12:00pm	Qi Gong with <i>Lori L</i>
12:00pm - 1:30pm	Lunch Break
1:30pm - 3:00pm	Workshop with Q&As 'Developing Loving and Healthy Intimate Relationships using the ACA 12 Traditions' presented by <i>Adelina F and Dan M</i>
3:00pm - 4:00pm	Conference Closing <ul style="list-style-type: none">• ACA Readings• Live music with <i>Vern N</i>• Fun activities
4:00pm - 4:30pm	Support Post-Conference (Q&A, sharing, fellowship)

