

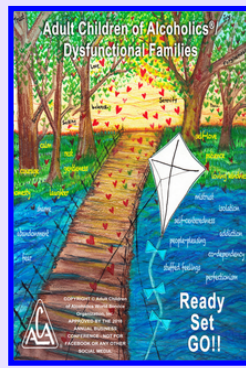


READY SET GO!!



Kids RSG FLYER

The purpose of the Ready Set GO!! (RSG) six-week program is to help both newcomers and experienced members understand the ACA program and its 12 steps, while also fostering a connection with their inner child. The program serves as a preparatory step for members before they begin working with ACA Workbooks, but it does not replace regular ACA meetings. It is designed to provide foundational knowledge and support in a structured, welcoming environment specifically for adult children of alcoholics and dysfunctional families.



DATES & TIMES

Sept/Oct Tues: Sept 15, 22, 29; Oct 6, 13, 20, 10:00 AM ET or
Thurs: Sept 17, 24; Oct 1, 8, 15, 22, 7:00 PM ET

UPCOMING SESSIONS

Nov/Dec, 2026 Session

Tues: Nov 3, 10, 17; Dec 1, 8, 15, 10AM ET or
Thur: Nov 5, 12, 19; Dec 3, 10, 17, 7PM ET

Jan/Feb, 2027 Session

Tues: Jan 5, 12, 19, 26; Feb 2, 9, 10AM ET or
Thur: Jan 7, 14, 21, 28; Feb 4, 11, 7PM ET

Mar/Apr, 2027 Session

Tues: Mar 2, 9, 16, 23, 30, April 6, 10am ET or
Thur: Mar 4, 11, 18, 25, April 1, 8, 7pm ET

Members need to attend Week 1 to be eligible for Weeks 2-6.

The meetings are closed for ACAs only
(Those identifying with The Laundry List Traits)
Attend 2 closed ACA meetings before joining RSG.

KIDS RSG FLYER https://drive.google.com/file/d/1tww4SdsmTA0TReTBzr_QNpOE0dJv_gc/view?usp=drive_link

KIDS RSG WEEK https://drive.google.com/drive/folders/13Mz8W2FX3Kh-owbo7PM6D1CXVcR9_Cvq?usp=sharing

Review, Print Weekly Scripts, and Worksheets, Listen/Watch Video
Access and review these files two weeks before your chosen session.

KIDS RSG EXTRA or copy/paste

<https://drive.google.com/drive/folders/1pAjkUb35MtBbKZzRG2Tmyhh1BLxaaFpA?usp=sharing>

General Information/Guidelines

Browse comprehensive files RSG Material for Participants at any time.

Support Contact

For questions and support email the RSG Team at acatoni5617@comcast.net.

These resources provide comprehensive support and information for your RSG journey. Download links if they do not open or copy and paste any links.

JOIN US

Meetings are held via
Zoom Workplace:

<https://us02web.zoom.us/j/85630389240?pwd=bmJqZlFKV0pKVZVNQWl3WlkyZzgxUT09>

Meeting ID: 856 3038 9240

Password: RSG6

This
Kids RSG Flyer
was created to
lessen confusion, and
stress, for our little
ones who get
overwhelmed with so
many files.

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The RSG EXTRA
Material may help
exploring how to start
your own RSG meetings.
No need to read
everything word for
word. Blessings

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