



West Great Lakes ACA Intergroup

Chicagoland, SE Wisconsin, NW Indiana
Adult Children of Alcoholics and Dysfunctional Families



“In every walk with nature one receives far more than he seeks.” ~John Muir

Lake Forest Walk and Talk - 2017

Saturday, April 29 @ 12:00pm

We'll meet at 12:00pm and start walking at 12:15pm. Look for breadcrumbs if you arrive late. We normally walk for 1 or 1 1/2 mile, and we'll supply water.

Middlefork Savanna Forest Preserve,

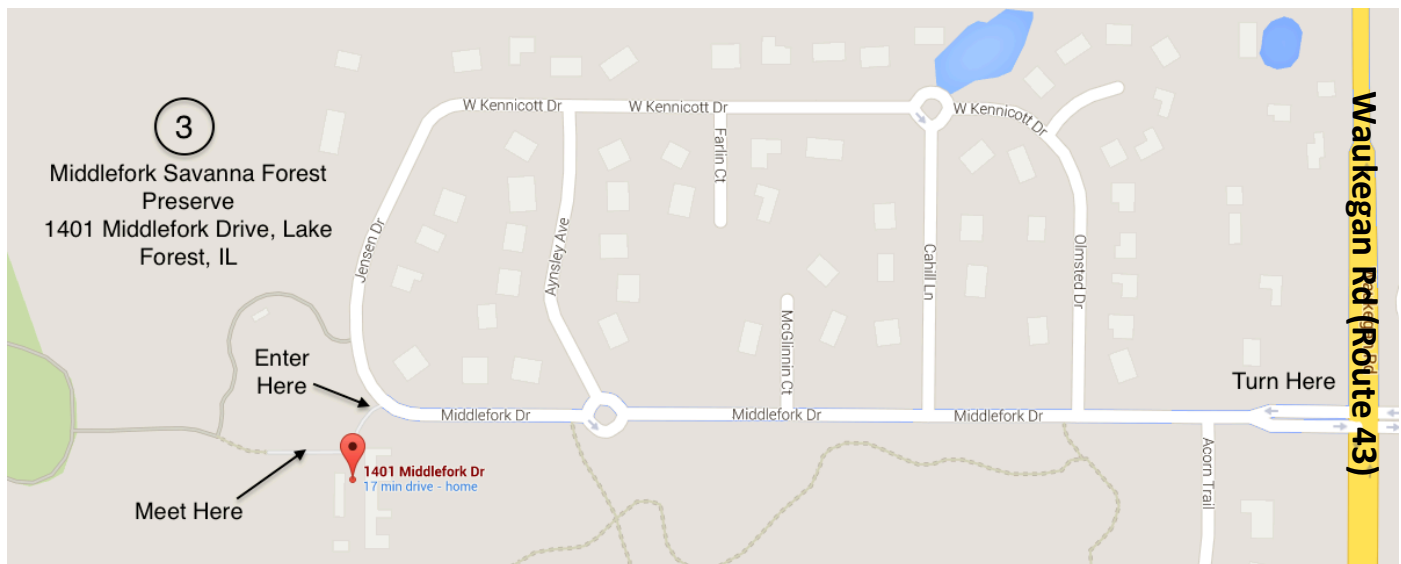
1401 Middlefork Drive, Lake Forest IL

(Enter from Waukegan Rd. (Route 43) which is north of Route 60 and south of Route 176)



All Adult Children of Alcoholics and other dysfunctional families are welcome to join us for this 1st Walk and Talk of 2017

Let's get together to share our hearts and soles (get it?)



LUNCH: Afterwards we'll gather for **LUNCH** at the **Egg Harbor Café,**
512 N. Western Ave., Lake Forest, IL 847-295-3449



Please RSVP to Kathleen A. at 847-946-0170 Thanks!

More info: westgreatlakesaca.org | We will provide cold water!

Remember: Take this flyer with you. (It's OK to share with other ACA's too)

