



Ready Set GO!!

RSG is a six-week introduction for newcomers and experienced ACAs to gain clarity and understanding of the ACA program, the ACA 12 steps, and to become acquainted with their inner child.

RSG prepares members to go through any of the ACA Workbooks.

RSG does not take the place of a regular ACA meeting.

Part of our ACA Solution mentions we use the meetings as the action and work that heals.

In order to maintain continuity in our RSG meetings, members need to attend week 1 to be eligible to attend weeks 2 thru 6. Choose other upcoming RSG Sessions to attend. Follow the flyer to get all the info you need to have a pleasant 6 weeks. Blessings, RSG Team

Upcoming Sessions <ul style="list-style-type: none"> • Attend 6 consecutive closed meetings • 2 hours • NO REGISTRATION • Limit of 100 members • No admission after WEEK 1 of each session 	<p>Tues: Sept 9, 16, 23, 30, Oct 7, 14, 2025 / 10am ET Thurs: Sept 11, 18, 25, Oct 2, 9, 16, 2025 / 7pm ET</p> <p>Tues: Oct 28, Nov 4, 11, 18, Dec 2, 9, 2025 / 10am ET Thurs: Oct 30, Nov 6, 13, 20, Dec 4, 11, 2025 / 7pm ET</p> <p>Tues: Jan 6, 13, 20, 27, Feb 3, 10, 2026 / 10am ET Thurs: Jan 8, 15, 22, 29, Feb 5, 12, 2026 / 7pm ET</p>
<ul style="list-style-type: none"> • NEED FREE ZOOM ACCOUNT TO JOIN RSG 	<p>Those who attend RSG need to have a free zoom account. This is an extra layer of safety. Click on the following link or copy and paste it to get to the Authentication guidelines. https://drive.google.com/file/d/1d66U460woDpNsc1feQbNlg4dpq9SChnN/view</p>
<p style="text-align: center;">ZOOM Meeting Link:</p> <ul style="list-style-type: none"> • Online & Phone 	<p>RSG ZOOM LINK / Zoom ID: 856 3038 9240 / PW: RSG6</p> <p>Contact RSG Team/Q & A: acatoni5617@comcast.net</p>
<p>Google Drive:</p>	<p>Contains all RSG material for Participants* Rough Draft-Version 5</p> <p>Please have your RSG material ONE WEEK before your session begins. Please do not convert the RSG material into a docx, jpg or word document.</p>
<p>Weekly Scripts:</p> <ul style="list-style-type: none"> • Week 1 – 2 1/2 hours 	<p>Week 1* / Week 2 / Week 3 / Week 4 / Week 5 / WEEK 6</p> <p>Access copies of Full Blank Worksheets here</p> <p>May be helpful to Printout: Full Blank Worksheets and Weekly Scripts.</p>
<p>Sharing Partner/ Outreach List:</p>	<p>We utilize a Sharing Partner/Outreach List. We will demonstrate how to use it at the end of week 1. PLEASE KEEP THE LINK AND LIST CONFIDENTIAL.</p>

*A hyperlink is usually highlighted, underlined and colored. Example: [Contains all RSG material for Participants](#) or [Week 1](#). Hover over the hyperlink and click to select open the link which will bring you to a text, document or webpage that will give you the information. **Download flyer to activate the hyperlinks.**

Suggestions in Preparation for RSG

- [Participant Preparation](#) Detailed info: video, runs 2:30. (View Full screen, control speed).
- Attend at least 2 regular ACA meetings (face-to-face, online, and/or phone)
- On the day of your RSG meeting, please read [ACA 12 Steps](#), [ACA 12 Traditions](#), and [ACA Promises](#).
- [CLICK HERE](#) or download a presentation “The Steps and our Inner Child” (manually advance slides)
- [CLICK HERE](#) To view and listen to the ACA RSG summary presentation (33 min)

CHAT Use During Meetings

For most of the meeting CHAT should only be used for technical questions for the Host/ Cohost-tech. This restriction is in place to help maintain the safety of the meeting and keep the focus on the ACA message. Chat for everyone will be enabled after the second breakout room at which time ACA announcements can be added. Thank you.

Timely Arrival and Welcoming Newcomers

For Week 1, the waiting room will be open a half hour before our start time. The waiting room will be open ten minutes before our start time for weeks 2–6.

We screen share the RSG script/format of the week and our regular ACA readings. A gentle reminder that those new to ACA need to attend 2 regular closed ACA meetings before coming to RSG. We hope you will find it beneficial to attend RSG’s 6 consecutive meetings to support your ACA recovery and gain the clarity that RSG offers.

7th Tradition

[7th Tradition WSO Online](#)

We request RSG’s attendees contribute a one time suggested 7th Tradition of \$5.00.
RSG Meeting ID #s: Tuesdays, WEB1119 or Thursdays, WEB1120. We also ask that you do the same for our Sponsoring Intergroup: West Great Lakes ACA Intergroup, IG#70

<https://westgreatlakesaca.org/product-category/rsg/>

Details will be in the CHAT, Thank you.

Copyright and Recording

“Ready Set GO!!” is moving into final phases for publication as ACA FELLOWSHIP REVIEW MODE.

For ACA Use Only.

DUE TO COPYRIGHT REGULATIONS, NO RECORDING OF READY SET GO!! MEETINGS/WORKSHOPS, SCREENSHOTS, or TRANSLATIONS OF ANY RSG MATERIAL AT THIS TIME.

RSG Contacts and Resources

acawso.org Service Website (WSO) Click: Events Calendar Find RSG sessions for Tues am and Thurs pm	adultchildren.org ACA WSO Website: Select: Find a meeting Filter: Ready Set GO!! Select: Tues am and Thur pm Click: Search Listing: RSG registered as Closed meetings. ACAs only	acawso.org Service Website (WSO) Go to: Site Map & Search Enter: RSG --- Browse ----- Participation Evaluation Upon Completion of RSG– Link TBA
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