## Ready Set GO!!

## **ACA WSO Registered Telephone Meetings**

**TEL 0310** 

**Sponsored By: The West Great Lakes ACA Intergroup IG#** 70

www.westgreatlakesaca.org

Dial 1-712-770-8031 Code: 316354

7:00pm-8:30pm Central Time

Four consecutive meetings on Mondays for each session

Session 1: Oct 2, 9, 16, 23, 2017(Completed)

Session 2: Jan 8, 15, 22, 29, 2018

Session 3: March 5, 12, 19, 26, 2018

Ready Set GO!! Meetings are closed ACA meetings for introducing the ACA 12 Steps and the ACA program over a four week period. Ready Set GO!! is for newer ACA members to become acquainted with the ACA Twelve Steps. RSG is good preparation to do the ACA 12 Step Workbook when a member feels ready. The experienced member may like to refresh their recovery.

The material is taken from our Big Red Book and our ACA 12 Step Workbook. It requires those in attendance to listen to the material with an open mind and an open heart and in good faith with a desire to learn about ACA recovery. Ready Set GO!! can be taken over and over again to get more out of it. Requests will be made for Sharing Partners for the 4 weeks.

It is suggested that Interested members can go to <a href="www.westgreatlakesaca.org">www.westgreatlakesaca.org</a> to print out the 101 page pdf of the script and the handouts of the Ready Set GO!! material. Go to: Global ACA News and click: Ready Set GO!! Print this out in a single sheet format and bring this material to all the meetings. If you cannot print this material you are still welcome to join the meeting for listening, sharing and connecting with other adult children. Just following along with your computer would be just fine.

It is suggested members commit to attending the 4 consecutive meetings in a row to cover all 12 steps. Our agenda includes: Week 1—The Overview, Steps 1, 2 and 3. Week 2—Steps 4 and 5, Week 3—Steps 6, 7, 8 and 9, Week 4—Steps 10, 11 and 12.

The West Great Lakes ACA Intergroup website <u>www.westgreatlakesaca.org</u> will have all information for Ready Set GO!! Any questions contact Toni at acatoni5617@comcast.net